

REGISTRATION FORM

Name _____

Phone _____

E-mail _____

Roommate Request _____

Select Option:

- ☐ Overnight stay including Friday supper, Saturday breakfast, and lunch = \$75.00
- ☐ Overnight stay including Saturday breakfast and lunch (NO Friday supper) = \$66.00

Checks payable to
"Women of the ELCA"

Registration Deadline
April 20, 2014 to Gwen Edwards

Interested in Carpooling? Y N

Can you drive? Y N

How many passengers? _____

What time can you leave? _____

RECIPE FOR RENEWAL

Romans 12:2

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is- His good, pleasing and perfect will. (NRV)

What comes to mind when you hear the word renewal? Do you love, love, love change or resist change with every fiber of your body? Do you re"create", re"imagine" or re"invent" on a regular basis? This retreat will bring some new insights into renewal from the biblical perspective and guide us through a process for both personal and community change. We'll study life changing recipes, gather "organic" ingredients, create our own recipes and taste and see that the Lord is Good.

This year's presenter is Susan Humprey from Tulsa, OK. Susan has lived and served in five different Synodical regions over the past 20 years. Currently, she is a member of Joy Lutheran Church in Tulsa, where she serves as a Sunday school teacher, a Parish Life member, Women's Bible Study Leader, and sings in the choir.



Recipe for Renewal

ANNUAL RETREAT

**Lord of Love Lutheran Church
Women's Annual Overnight Retreat
May 9-10, 2014
Friday, 5:00 p.m. to Saturday, 2:00 p.m.**

**St. Benedict Center
Schuyler, Nebraska
www.stbenedictcenter.com**





St. Benedict Center

Schuyler, Nebraska

"St. Benedict's hospitality should be like an oasis in the desert of life where people can find spring waters of new life and a place of rest and relaxation in the shadow of God's presence."

Abbot Fidelis Ruppert, OSB

Saint Benedict Center, an oasis of peace in the midst of Nebraska's corn and bean fields, is a non-profit, ecumenical retreat and conference center founded by the Missionary Benedictines of Christ the King Priory. As Benedictines we share our hospitality and spirituality with those who search for personal and spiritual growth. We welcome individuals and groups of all Christian denominations as they seek God in a peaceful and quiet setting. We provide an atmosphere that is conducive to prayer, rest, and renewal for laity, clergy, and religious.

WHAT TO BRING?

- ☐ Your Bible
- ☐ Your favorite cookbook—this will be a reference book for our retreat so it's important to bring one
- ☐ A snack to share
- ☐ Personal hygiene items
- ☐ Optional: A cookbook to exchange

If you've attended before, you know how great it is. Invite someone to join you.

Come and enjoy Rest, Relaxation, Refreshment, Spiritual growth, Conversation, Prayer, Singing, and Renewal

Questions?

Contact Gwen Edwards at gfedwards@gmail.com



WHY ATTEND?

- ✠ *A wonderful time away from the hustle and bustle of every day life. A time to refocus spiritually and personally. Haven't missed one!*
- ✠ *Fellowship, Relaxation, Spiritual Growth.*
- ✠ *I always arrived sometimes feeling rushed and overwhelmed and when I leave, I leave feeling refreshed, renewed, and knowing I have heard God's voice and His everlasting love washed over me.*
- ✠ *I go because it provides time away from the craziness of life and to enjoy the solitude, it provides an opportunity to get to know some of the other women at church in a different setting, it allows me to reconnect with the rural setting that I grew up in Minnesota. Mostly, it is an intentional time to stop and hang out with the Lord.*
- ✠ *Great fellowship with my LOL sisters; inspiration from the Bible studies and workshops; worship with the Brothers; beautiful setting; good meals and an opportunity to renew myself.*
- ✠ *After attending each of the Lord of Love Overnight Retreats I came back rejuvenated, refreshed and grew spiritually. St. Benedict Center in Schuyler is such a beautiful and restful setting. Being with this group of women you will find a safe and supportive environment.*